

Physical Therapy

Physical Therapy is the therapeutic use of exercise, manual techniques, moist heat, therapeutic dry needling and electrical stimulation to relieve pain, develop or restore function, and maintain maximum performance.

Physical Therapy prioritizes treatment based on Military Health Services Systems guidelines. Routine and acute care is available for active duty and beneficiaries enrolled in TRICARE PRIME. Eligible patients will be scheduled an evaluation appointment with a Physical Therapist when a properly completed referral is submitted electronically by your provider.

Handwritten referrals are not accepted. Requesting Providers must in-put referrals electronically to be submitted to Physical Therapy.

New referrals automatically expire after 30 days if an initial evaluation appointment has not been booked or kept. A new referral will have to be resubmitted by the provider who initially requested Physical Therapy.

The physical therapy clinic also provides direct access (no referral required) for Active Duty members who meet our specific algorithm. Direct Access patients need to go through the appointment line to see if they meet the guideline.

Treatments/modalities available:

Moist Heat

Electrical stimulation

Iontophoresis

Cold packs/ice massage

Biomechanical ankle platform system (BAPS) Ankle machine/wobble boards Traction

cervical/pelvic Therapeutic exercises Ambulation or gait training Transcutaneous Electrical

Nerve Stimulation (TENS) Anti-Gravity treadmill Full cage Squat Rack Game Ready Machine

Hours of operation: 0700 a.m.-1100 am and 1200pm -1600 p.m., Monday-Friday. The clinic is closed for lunch from 1100-1200.

Additionally the clinic is closed from 0700-0900 every Wednesday.

Phone number: 582-6177